

Aging Resources Union County, NC

2022



COUNCIL ON AGING
IN UNION COUNTY



Presenting Partner

Pruitt Health

Union Pointe

A Skilled Nursing and Rehabilitation Center

The Primary Care You Want — Right in Your Neighborhood.

We know that in everything we do, the highest quality healthcare begins with listening. Our experts strive to connect with every person and every family we interact with, designing an experience around you — your needs, your family, your journey.

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Remarkable care in your area provides:

- Our industry-leading online physician finder with options to browse by doctor, location, symptom or specialty
- On-call nurses, extended clinic hours, virtual care and same-day appointments
- Convenient care for sudden illnesses and injuries and emergency sites near you
- MyChart app to manage your health, schedule appointments and email your care team

We're with you for every step of your health and wellness journey.

'Very quick, responsive and understanding. The BEST primary care you can have.'



– Local Novant Health patient

Find out why Novant Health is the healthcare provider of choice at [NovantHealth.org/welcome](https://www.novanthealth.org/welcome).





COUNCIL ON AGING
IN UNION COUNTY

Our Mission

Advocate for the well-being of older adults by providing services and resources for them to live independently.

Our Vision

We are the trusted resource for our community, where everyone has an opportunity to age successfully with dignity.

**1401 Skyway Drive
Monroe, NC 28110**

**704-292-1797
coa@counion.org**

About Us

Council on Aging in Union County is an independent, non-profit agency supporting people 60 and over in their efforts to remain healthy, active, and in control of their own lives. The agency connects clients with the services they need to live independently for as long as possible.

History

Council on Aging in Union County is a private, nonprofit agency striving to promote a quality of life and supportive services for adults 60 years of age and older living in Union County. As a focal point on aging, the agency's purpose is to postpone or prevent institutionalization, respect independence, dignity and the right to choose in reviewing options for care. Formally organized in 1972 and chartered in 1973, the agency received its first Older Americans Act funding in 1974.



COUNCIL ON AGING
IN UNION COUNTY

WE NEED YOUR SUPPORT

**A FINANCIAL GIFT HELPS US TO KEEP OUR
OLDER NEIGHBORS SAFE AND INDEPENDENT**

There are several ways to make a contribution:



Online

coalition.org/donate



Postal Mail

1401 Skyway Drive
Monroe, NC 28110



Phone

704-292-1797



Donate Equipment

Wheelchairs, walkers,
shower chairs, etc.



Donate Supplies

Disposable briefs, bed
pads, wipes, etc



Volunteer

coalition.org/volunteer

Council on Aging is a 501(c)3 nonprofit organization. Federal Tax ID: 56-1081558.

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COUNCIL ON AGING PROGRAMS



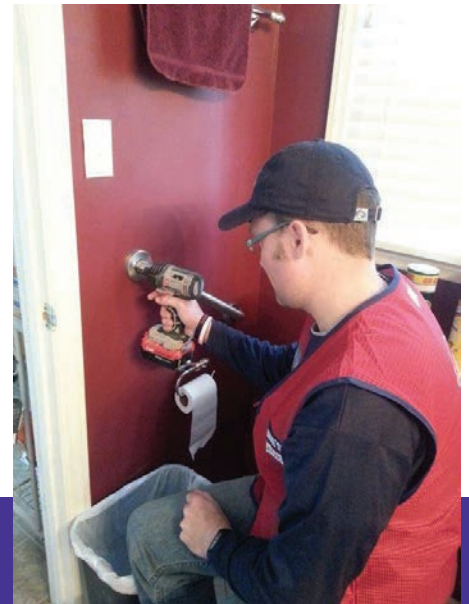
Next Door Group Respite

Council on Aging offers a day program for adults with dementia and other forms of memory loss located at 104 Lydia Street in Monroe (Next Door to our office). Our home-like facility is open Monday-Thursday from 10am-3pm, and hosts up to 10 participants each day. A \$40 per day fee includes stimulating activities, lunch, snacks, and socialization to enable family caregivers respite time. Assistance is available for families who are unable to afford the daily fee. To see if the Next Door program is a good fit for your loved-one, call Council on Aging at 704-292-1797.



Home Safety Modifications

Council on Aging has a team of volunteers to help with minor home safety modifications, including installing grab bars in bathrooms, building wheelchair ramps, installing hand rails, and smoke detector maintenance. If you feel you may benefit from a minor home safety modification, contact Council on Aging at 704-292-1797.



Incontinence Supplies

Council on Aging offers free incontinence supplies including disposable briefs and bed pads. This program depends on donations, which can be dropped off at Council on Aging during business hours. Call Council on Aging at 704-292-1797 to request items.

Durable Medical Equipment

Council on Aging offers free durable medical equipment, including wheelchairs, walkers, bedside commodes, shower chairs, canes, raised toilet seats, etc. Equipment may be gently used or new. This program depends on donations which can be dropped off at Council on Aging during business hours. Call Council on Aging at 704-292-1797 to request equipment.

COUNCIL ON AGING PROGRAMS



SHIIP Medicare Counseling

Council on Aging offers Seniors' Health Insurance Information Program (SHIIP) counseling for Medicare beneficiaries and caregivers. If you have questions about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D, and long-term care insurance, call Council on Aging to set up an appointment: 704-292-1797. The counselors on our toll-free line offer free and unbiased information regarding Medicare health care products. We also help people recognize and prevent Medicare billing errors and possible fraud and abuse through the NC Senior Medicare Patrol Program.



Family Caregiver Support

Support is available for family members caring for a loved-one with a chronic illness, including dementia and other forms of memory loss. We focus on equipping the caregiver with services and resources to continue caring for their loved one at home. This includes exploring options for respite care, family caregiver support groups, a caregiver book club, seminars, and one-on-one counseling. To speak to our social worker, call Council on Aging at 704-292-1797.

In-Home Services

Council on Aging in Union County offers assistance with personal care, basic household chores, errands (grocery shopping & picking up prescriptions), and in-home respite care at no cost to our older neighbors. Service is generally provided on a limited basis, one to two times per week. To see if you qualify for these services, reach out to Council on Aging at 704-292-1797.

Information and Assistance

Do you need assistance with learning about programs and options available to older adults? The team at Council on Aging is available to guide you through options at no cost. Call Council on Aging at 704-292-1797 to get started.

COUNCIL ON AGING IN UNION COUNTY

Ambulance, Fire, Police, Sheriff, Highway Patrol - 911

In addition to emergency response (911), there are additional resources that can be helpful during an emergency situation.

Emergency Information

Adult Protective Services: Abuse/Neglect (DSS)

2330 Concord Avenue
Monroe, NC 28110
704-296-6124

Domestic Violence Crisis Line

(Turning Point)
704-283-7233

Poison Control

800-222-1222

Silver Alert

(Missing Seniors)
800-522-5437

National Suicide Prevention Lifeline

800-273-8255

Union County Communications

(Non-Emergency)
500 N. Main St., Ste. 13
Monroe, NC 28112
704-289-1591

Union County Sheriff's Office

3344 Presson Rd.
Monroe, NC 28112
704-283-3789

Veteran's Crisis Line

800-273-8255
800-799-4889 VRS

Adult Day Programs

Adult Day Programs "are designed to provide care and companionship for older adults who need assistance or supervision during the day." Programs such as these provide much needed respite to family caregivers, and engaging programming opportunities for individuals with increased need for supervision.

New Testament Adult Day Care

2603 Goldmine Rd.
Monroe, NC 28110
704-283-5606

Blessed Assurance Adult Day Care

13001 Idlewild Rd.
Matthews, NC 28105
704-845-1359

Next Door Group Respite Program

104 Lydia St.
Monroe, NC 28110
704-292-1797

PACE of the Southern Piedmont

6133 The Plaza
Charlotte, NC 28215
704-887-3840



Affordable Housing

While searching for "affordable" housing, this section is a great place to start. Rent-controlled or low-income housing may have a waiting list for services. Be prepared for this possibility when placing your inquiry. For more housing opportunities within Union County, contact our office directly at 704-292-1797.

Cotton Street Commons

819 Cotton St.
Monroe, NC 28112
704-283-5136

Gatewood Village

226 S. Main St.
Wingate, NC 28174
704-233-9566

Icemorlee Street Apartments

1700 Icemorlee St.
Monroe, NC 28110
704-289-1042

Monroe Housing Authority

(Bragg Street Apts.)
504 Hough St.
Monroe, NC 28112
704-289-2514

Wingate Manor

205 S. Main St.
Wingate, NC 28174
704-233-4732

Rental Housing Search:

NCHousingSearch.org SocialServe.com

PO Box 35305
Charlotte, NC 28235
877-428-8844

Aging Referrals

Council on Aging in Union County

1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

CarePatrol of Charlotte

704-771-1777

Centralina Area Agency on Aging

9815 David Taylor Dr.
Ste. 100
Charlotte, NC 28262
704-372-2416

Eldercare Locator

800-677-1116

Ellen Fitzgerald Senior Center

327 S. Hayne St.
Monroe, NC 28112
704-282-4657

Ombudsman

(Long Term Care Advocacy)
9815 David Taylor Dr.
Ste. 100
Charlotte, NC 28262
704-348-2739

NC BAM

(NC Baptist Aging Ministry)
201-A Idol St.
Thomasville, NC 27360
877-506-2226

Union County Dept. of Health & Human Services

2330 Concord Ave.
Monroe, NC 28110
704-296-4300

Adult Protective Services: Abuse/Neglect (DSS)

2330 Concord Ave.
Monroe, NC 28110
704-296-6124

From senior nutrition opportunities and wheelchair ramp construction to reporting elder abuse and locating long-term care resources for loved ones, this section provides information on several vital contacts serving Union County's older adult population.



Whether it be connecting older adults and their family members directly to our programs, or connecting them to a community partner, we have helped approximately 3,889 people with accessing resources or information in fiscal year 20-21.



COUNCIL ON AGING
IN UNION COUNTY

Ellen Fitzgerald Senior Center Aging Well, Living Well



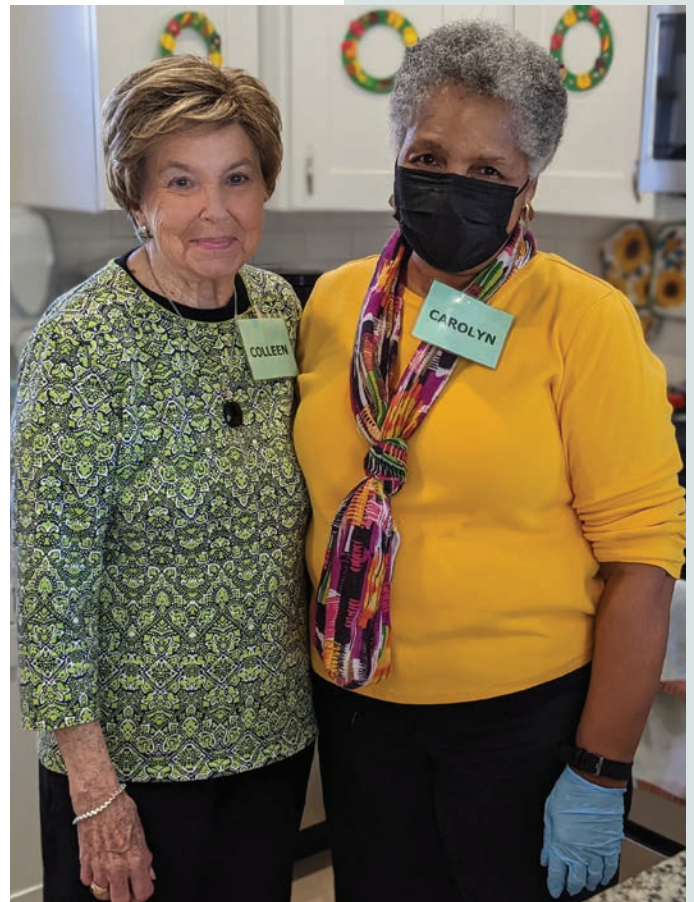
Range of Motion Ceramics Fitness Senior Games
... and much, much more!!!

The Ellen Fitzgerald Senior Center is owned and operated by the City of Monroe. This Parks and Recreation facility provides a community focal point where seniors 55 and older come together for services and activities which enhance their dignity, support their independence and encourage their involvement in the community.

327 South Hayne Street, (704) 282-5776



Monday - Thursday
8 a.m. - 5 p.m.
1st and 3rd Thursday
7 p.m. - 9 p.m.
Friday- 8 a.m. - noon



Assisted Living Facilities

According to the National Institute on Aging, "assisted living is for people who need help with daily care, but not as much help as a nursing home provides. Assisted living facilities range in size from as few as 25 residents to 120 or more. Typically, a few 'levels of care' are offered, with residents paying more for higher levels of care. Assisted living residents usually live in their own apartments or rooms and share common areas. They have access to many services, including up to three meals a day; assistance with personal care; help with medications, housekeeping, and laundry; 24-hour supervision, security, and on-site staff; and social and recreational activities. Exact arrangements vary from state to state."

Brookdale Monroe Square
Memory Care
919 Fitzgerald St.
Monroe, NC 28112
704-225-3505

**Hillcrest Baptist Church
Rest Home**
4123 Hillcrest Church Rd.
Monroe, NC 28110
704-292-1145

Brookdale Monroe Square
Assisted Living
918 Fitzgerald St.
Monroe, NC 28112
704-225-3505

**Monroe Manor Assisted
Living**
1101 Baucom Rd.
Monroe, NC 28110
704-776-9327

Brookdale Union Park
1316 Patterson St.
Monroe, NC 28112
704-282-3505

The Addison of Indian Trail
5306 Secrest Short Cut Rd.
Monroe, NC 28110
704-296-2092

Cadence Living at Mint Hill
5601 Margaret Wallace Rd.
Matthews, NC 28105
704-573-4000

Woodridge Assisted Living
(A Depaul Senior Living
Community)
2515 Fowler Secrest Rd.
Monroe, NC 28110
704-225-0011

**Elizabethan Gardens
Assisted Living**
1812 New Town Rd.
Monroe, NC 28110
704-283-6992

Waltonwood Providence
11945 Providence Rd.
Charlotte, NC 28277
704-246-8670



Care Management

According to the Center for Health Care Strategies, Inc., care management can be defined as application of "systems, science, incentives, and information to improve medical practice and assist consumers and their support system to become engaged in a collaborative process designed to manage medical/social/mental health conditions more effectively. The goal of care management is to achieve an optimal level of wellness and improve coordination of care while providing cost effective, non-duplicative services."

CarePatrol of Charlotte
704-771-1777

RN4U
2217D Matthews Township
Parkway
Matthews, NC 28105
704-327-6433

**PACE of the Southern
Piedmont**
6133 The Plaza
Charlotte, NC 28215
704-887-3840



Whether you're ready to meet your new neighbors face-to-face or you love the convenience of virtual tours, you can get to know our community on your terms. We offer in-person* visits as well as phone consultations and virtual visits. We are here to serve you and the ones you love.

▶ To learn more, call **(704) 228-3505**.

*Welcoming you
in your way*

Brookdale Monroe Square
Assisted Living
Alzheimer's & Dementia Care

Brookdale Union Park
Assisted Living

*May be subject to health screening, face coverings and/or social distancing as recommended by the CDC or as required by state or local health officials.




516302 JM

#1 in Customer Satisfaction with Assisted Living/Memory Care Communities

Tied in 2020. For J.D. Power 2020 award information, visit jdpower.com/awards

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 **BROOKDALE**
SENIOR LIVING
brookdale.com

 **WOODRIDGE**
A DePaul Senior Living Community



Now accepting residents with Medicaid and private pay resources.

Experience the warm, welcoming atmosphere that makes Woodridge, a premier DePaul Senior Living Community.



Call **(704) 225-0011** or visit our website at www.depaul.org.

2515 Fowler Secest Road, Monroe, North Carolina 28110

Discover what sets us apart:

- Gracious, single-floor living in a well-appointed setting
- Supportive, caring staff
- Personal care services that promote independence and dignity and enhance quality of life
- Full range of quality amenities
- All-inclusive rates

Chiropractors

According to Mirriam-Webster, a chiropractor is a "licensed health-care professional who treats disorders (such as back and neck pain) chiefly of the musculoskeletal system especially through the manual adjustment or manipulation of the spinal vertebrae to correct nervous system dysfunction."

Chiropractic services may or may not be covered by your insurance provider. Prior to scheduling an appointment, you may want to consult your insurance plan.

Bess Chiropractic
813 E. Roosevelt Blvd.
Ste. K
Monroe, NC 28112
704-225-1918

Carolinas Chiropractic and Spinal Rehab
105 Waxhaw Professional Park Dr., Ste. A
Waxhaw, NC 28173
704-243-1010

Chavis Chiropractic Clinic
2204 W. Roosevelt Blvd.
Monroe, NC 28110
704-283-5599

Indian Trail Chiropractic Neurology
13803 E. Independence Expy., Ste. E1
Indian Trail, NC 28079
704 776-8667

Infinite Wellness of the Carolinas
2530 W. Roosevelt Blvd.
Unit A
Monroe, NC 28110
704-282-9300

Gilbert Family Chiropractic
126 S. Main St.
Monroe, NC 28112
704-420-3131

Keith Clinic of Monroe
2606 W. Roosevelt Blvd.
Ste. A
Monroe, NC 28110
704-291-9000

Monroe Chiropractic
1009 W. Roosevelt Blvd.
Monroe, NC 28110
704-283-7444

Razzano Chiropractic
1007-C Skyway Dr.
Monroe, NC 28110
704-296-0999

Back and Spine Health

704.296.0999



Dr. John Razzano
1007-C Skyway Drive | Monroe | NC 28110
RazzanoChiropractic.com



Dental Offices

Friendly Dental Clinic
323 Unionville Indian Trail Rd.
Indian Trail, NC 28079
704-628-0870

Indian Trail Dental Associates
4612 W. Hwy 74, Ste. D
Monroe, NC 28110
704-289-8366

Indian Trail Dental Studio
4514 Old Monroe Rd., Ste. E
Indian Trail, NC 28079
7045-839-2434

Indian Trail Family Dentistry
251 Post Office Dr., Ste. A1
Indian Trail, NC 28079
704-821-3019

Landmark Dentistry
5922 Weddington-Monroe Rd., Ste. A2
Wesley Chapel, NC 28104
704-843-5757

Marshville Dental
7204 E. Marshville Blvd.
Marshville, NC 28103
704-624-7222

Marshville Family Dentistry
6604 E. Marshville Blvd.
Marshville, NC 28103
704-624-6300

Monroe Family Dentistry
1307 E. Franklin St., Ste. C
Monroe, NC 28112
704-753-0753

New Town Dentistry
1532 Providence Rd. S. Ste. 220
Waxhaw, NC 28173
704-373-6040

Nexus Dental
6046 W. Hwy 74
Indian Trail, NC 28079
704-893-8126

Piedmont Family Dentistry
1736 Dickerson Blvd., Ste. C
Monroe, NC 28110
704-225-8555

Pleasant Plains Dental
5850 W. Hwy 74, Ste. 135
Indian Trail, NC 28079
704-246-2411

Sun Valley Family Dentistry
6640 Old Monroe Rd., Ste. A
Indian Trail, NC 28079
704-282-0600

Trailhead Advanced Dentistry
5614 Potter Rd., Ste. 106
Matthews, NC 28104
704-684-4443

Union County Dental Clinic
2330 Concord Avenue
Monroe, NC 28110
704-296-4829

Union Family Dental Associates
1276 Stafford Street
Monroe, NC 28110
704-289-4505

Wingate Dental Care
207 W. Wilson St.
Wingate, NC 28174
704-233-554

Monroe Dental Care
2200 Walters Division Rd.
Monroe, NC 28110
704-270-2858

This section provides a sample of the dental practices located within Union County. It is not exhaustive.

Prior to scheduling your dental appointment, it is recommended to speak with your insurance carrier to ensure your coverage level, copay, networks, etc.

Dermatologists

Atrium Health Northeast Dermatology
6030 W. Hwy 74, Ste. D
Indian Trail, NC 28079
704-403-2777

Charlotte Dermatology -Matthews Office
1238 Mann Dr.
Matthews, NC 28105
704-364-6110

Darst Dermatology
2000 Wellness Blvd.
Ste. 140, Building A
Monroe, NC 28110
704-325-5415

Dermatology Care of Charlotte
6040 W. Hwy 74
Indian Trail, NC 28079
704-821-0615

Dermatology, Laser & Vein Specialists of the Carolinas
1663 Campus Park Dr. Ste. A
Monroe, NC 28112
704-973-3650

Novant Health Dermatology Associates
1450 Matthews Township Pkwy., Ste. 170
Matthews, NC 28105
704-384-6020

Pinnacle Dermatology
701 E. Roosevelt Blvd.
Monroe, NC 28112
704-289-9448

According to the American Academy of Dermatology, Dermatologists are “individuals who specialize in conditions involving the skin, hair, and nails. A dermatologist can identify and treat more than 3,000 conditions. These conditions include eczema, psoriasis, and skin cancer, among many others.”

Typically, dermatologists will be billed as a specialist. It is recommended to speak with your insurance carrier to ensure your coverage level, copay, networks, etc. prior to scheduling your appointment.

Disability Resources

This section's resources are available to individuals living with, or caring for a loved one with, physical or intellectual differences. Services provided help individuals to live independent lives whenever possible, regardless of ability.

ARC of Union County
1653 Campus Park Dr.
Monroe, NC 28112
704-261-1550

Disability Rights and Resources
5801 Executive Center Dr.
Ste. 101
Charlotte, NC 28212
704-537-0550

Social Security Disability
1-800-772-1213

Union Diversified Industries
2815 Walkup Ave.
Monroe, NC 28110
704-289-1571

Education & Employment

Looking to complete or further your education? It's never too late! This section is full of adult educational and occupational opportunities.

Ellen Fitzgerald Senior Center
327 S. Hayne St.
Monroe, NC 28112
704-282-4657

NC Works
1125 Skyway Dr.
Monroe, NC 28110
704-283-7541

Senior Community Service Employment Program - AARP
1-800-775-6776

NC Cooperative Extension (Union County)
3230-D Presson Rd.
Monroe, NC 28112
704-283-3801

Senior Community Service Employment Program - Centralina
9815 David Taylor Dr.
Ste. 100
Charlotte, NC 28262
704-372-2416

South Piedmont Community College
4209 Old Charlotte Hwy.
Monroe, NC 28110
704-290-5100

Wingate University
220 N. Camden Rd.
Wingate, NC 28174
704-233-8000

Union County Aging Statistics



COUNCIL ON AGING
IN UNION COUNTY



	0-17	60+
2018	58k	42k
2038	82k	89k
Increase	41%	111%

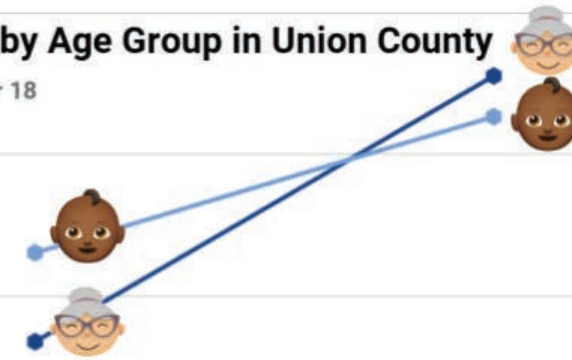
Population by Age Group in Union County

● 60+ ● Under 18

75,000

50,000

25,000



Source: NC Office of State Budget and Management, Facts and Figures

2018

2038

Family Care Homes

Arcadia Care Home, Waxhaw

7415 Walnut Crest Dr.
Waxhaw, NC 28173
704-488-7618

Avendelle Assisted Living at Wingate

111 Maye St.
Wingate, NC 28174
704-324-4185

Caresmatic Estates

520 Pembroke Drive
Waxhaw, NC 28174
704-246-6760

Farmwood Senior Living in Mint Hill

7301 Canterway Drive
Mint Hill, NC 28227
704-222-9483

McLean Manor

4115 S. Rocky River Road
Monroe, NC 28112
704-709-7089

Olive Branch Family Care Home & McLean Manor

502 N. Elm St.
Marshville, NC 28103
704-327-4023

Poplin Terrace

5601 Poplin Road
Indian Trail, NC 28079
704-882-4295

An Adult Care Home is an “assisted living residence in which the housing management provides 24-hour scheduled and unscheduled personal care services to 2(+) residents, either directly or, for scheduled needs, through formal written agreement with licensed home care or hospice agencies. Some licensed adult care homes provide supervision to people with cognitive impairments whose decisions, if made independently, may jeopardize the safety or well-being of themselves or others and therefore require supervision. Medication in an adult care home may be administered by designated, trained staff. Adult care homes that provide care to two to six unrelated residents are commonly called family care homes. Adult care homes and family care homes are subject to licensure by the Division of Health Service Regulation.”



Family Caregiver Services

These services help family caregivers to combat “caregiver burnout” when looking after a loved one 24/7. They offer regular support groups, resources, assistance, and referrals for those caring for their loved ones.

Council on Aging in Union County

1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

Caregiver Navigator Senior Link

866-667-0080

Project C.A.R.E.

(Caregiver Alternatives to
Running on Empty)
844-728-0191

Financial Assistance & Counseling

From financial wellness counseling for all ages to rent and utility assistance, this section covers several programs that serve the older adult population of Union County--helping them to live full, financially sound lives.

Cell Phone Assistance

Assurance Wireless
1-888-321-5880

Safelink Wireless
1-800-723-3546

Low Income Energy Assistance Program (LIEAP) / Crisis Assistance

Union County Department of Social Services
2330 Concord Avenue
Monroe, NC 28110
704-296-4300

Financial Counseling

Green Path Financial Wellness
(Reverse Mortgage Counseling)
1-800-550-1961

Monroe Union County Community Development Cooperation
349 E. Franklin Street
Monroe, NC 28110
704-283-8804

Rent & Utility Assistance

Common Heart
116 Business Park Dr.
Indian Trail, NC 28079
704-218-9060

Crisis Assistance Ministry of Union County
1335 W. Roosevelt Blvd.
Monroe, NC 28110
704-225-0440

Operation Reachout
1308 Miller St.
Monroe, NC 28110
704-289-4237

Fitness / Parks & Recreation

Physical fitness is important throughout all stages of life to promote overall wellness. This section highlights several places, indoors and outdoors, that you can exercise your mind, body, and spirit.

Cane Creek Park
5213 Harkey Rd.
Waxhaw, NC 28173
704-283-3885

Curves Indian Trail
592 Indian Trail Rd. S.
Indian Trail, NC 28079
704-821-8440

Ellen Fitzgerald Senior Center
327 S. Hayne St.
Monroe, NC 28112
704-282-4657

Monroe Aquatics & Fitness Center
2325 Hanover Dr.
Monroe, NC 28110
704-282-4680

Old Armory Community Center / Fitness Room
500 S. Johnson St.
Monroe, NC 28112
704-282-4669

Levine Senior Center
1050 DeVore Lane
Matthews, NC 28105
704-846-4654

Enterprise Fitness & Personal Training
(in Shoppes at Nottingham)
2585 W. Roosevelt Blvd.
Monroe, NC 28110
704-289-4940

Parks & Recreation Departments

Union County
2325 Hanover Dr.
Monroe, NC 28110
704-282-4651

Indian Trail
315 Matthews-Indian Trail Rd.
Indian Trail, NC 28079
704-821-5401

Marshville
118 E. Union St.
Marshville, NC 28103
704-624-2515

Monroe
2325 Hanover Dr.
Monroe, NC 28110
704-282-4651

Stallings
315 Stallings Rd.
Stallings, NC 28104
704-821-3011

Waxhaw
317 N. Broome St.
Waxhaw, NC 28173
704-843-2195



The 60+ age group in our county is expected to double in the next 20 years, from approximately 44,000 to over 88,000. This past year, we provided 16,731 hours of in-homecare at no cost to our clients which has saved them an estimated \$376,447.





GAULDEN MONUMENTS MONROE



201 South Main Street
Monroe, North Carolina 28112



704-226-1554

Open M-F 9am-5pm



3700 Forest Lawn Drive
Matthews, NC 28104
704-846-1068
www.forestlawnest.com



**AN INDEPENDENTLY
OWNED CEMETERY**

Funeral Homes / Planning

Planning for end of life care, expenses, and services (or lack thereof) is a topic that is vital for individuals of all ages. In order to ensure **your wishes are fulfilled**, consider discussing your plans with your support system.

Blakely's Funeral & Cremation

714 E. Franklin St.
Monroe, NC 28112
704-635-7951

Davis Funeral Service Inc.

1003 E. Franklin St.
Monroe, NC 28112
704-289-4242

Gaskin Funeral Services

14617-B Lawyers Rd.
Matthews, NC 28104
704-882-6733

Gaulden Monuments

201 S. Main St.
Monroe, NC 28112
704-226-1554

Good Shepherd Funeral Home - Life & Legacy Funerals & Cremations

6525 Old Monroe Rd.
Indian Trail, NC 28079
704-821-4484

Gordon Funeral Service & Crematory

1904 Lancaster Ave.
Monroe, NC 28112
704-283-8141

Harris Funeral Home

601 Winchester Ave.
Monroe, NC 28110
704-289-4243

Heritage Funeral and Cremation Services - Matthews

3700 Forest Lawn Dr.
Matthews, NC 28104
704-846-3771

Heritage Funeral and Cremation Services - Indian Trail

4431 Old Monroe Rd.
Indian Trail, NC 28079
704-821-2960

Holland Funeral Service & Crematory

806 Circle Dr.
Monroe, NC 28112
704-283-9366

Lakeland Memorial Park

1901 Lancaster Ave.
Monroe, NC 28112
704-289-3166

McEwen Funeral Home of Monroe

204 S. Main St.
Monroe, NC 28112
704-289-3173

Monroe Mortuary Services

704 Walkup Ave.
Monroe, NC 28110
704-900-3811

Morgan & Son Funeral Home

218 E. Main St.
Marshville, NC 28103
704-624-2137

Simply Cremations of Charlotte

3850 Matthews-Indian Trail Rd.
Matthews, NC 28104
704-821-6160

*Exceptional service...
with a personal touch.*



Gordon Funeral Service & Crematory
1904 Lancaster Avenue • Monroe, NC
704-283-8141 • www.gordonfuneralservice.com

General Info / Government

This section is composed of national, state, and local government based agencies, and local nonprofit organizations that specialize in serving the aging population in Union County.

Better Business Bureau (BBB)

9719 Northeast Parkway
Matthews, NC 28105
704-927-8611

Council on Aging in Union County

1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

NC Cooperative Extension

(Union Cty. Agricultural & Conference Center)
3230-D Presson Rd.
Monroe, NC 28112
704-283-3801

Social Security

Administration (National)
1-800-772-1213

Social Security

Administration (Charlotte)
2201 Coronation Blvd.
Ste. 100
Charlotte, NC 28227
1-888-383-1598

Community Shelter of Union County

160 Meadow St.
Monroe, NC 28110
704-289-5300

Union County Department of Social Services

2330 Concord Ave.
Monroe, NC 28110
704-296-4300

Union County Public Library

Monroe

316 E. Windsor St.
Monroe, NC 28112
704-283-8184

Indian Trail

123 Unionville Indian Trail Rd.
Indian Trail, NC 28079
704-821-7475

Marshville

414 Hasty St.
Marshville, NC 28103
704-624-2828

Waxhaw

509 S. Providence St.
Waxhaw, NC 28173
704-283-8184

Union County Veterans Services

407 N. Main St.
Monroe, NC 28111
704-283-3807

United Way of Union County

103 W. Franklin St.
Monroe, NC 28112
704-226-5100

United Way Info & Referral

Dial 211



EMBRACING
**HONESTY, INTEGRITY
& COMPASSION**

Indian Trail

4431 Old Monroe Road
Indian Trail, NC 28079
704-821-2960

Matthews/Weddington

3700 Forest Lawn Drive
Matthews, NC 28104
704-846-3771

Ballantyne/Charlotte

16151 Lancaster Highway
Charlotte, NC 28277
704-714-1540

www.heritagecares.com

**AN INDEPENDENTLY
OWNED FUNERAL HOME**

COUNCIL ON AGING IN UNION COUNTY

Health Services

As people age, different health needs can arise. The health services noted within this section can address multiple spectrums of medical care utilized by the aging population of Union County.

Alzheimer's Association of Charlotte

4600 Park Rd., Ste. 250
Charlotte, NC 28209
980-498-7760

24 Hour Helpline

1-800-272-3900

Alzheimer's Memory Center

10801 Monroe Rd., Ste. 100
Matthews, NC 28105
704-364-4000

ALS - Joe Martin ALS Foundation

100 N. Tryon St., Ste. 3420
Charlotte, NC 28202
704-332-1929

American Heart Association - Charlotte Region

128 S. Tryon St.
Charlotte, NC 28202
704-417-5785

American Red Cross

125 Pedro St.
Monroe, NC 28110
704-283-7402

Arthritis Foundation

7621 Little Ave.
Charlotte, NC 28226
704-802-7536

Atrium Health

(Monroe Campus)
600 Hospital Dr.
Monroe, NC 28112
980-993-3100

Community Health Services of Union County

1338-C E. Sunset Dr.
Monroe, NC 28112
704-296-0909

The Diabetes and Nutrition Center, Atrium Union

600 Hospital Dr.
Monroe, NC 28112
980-993-2880

Novant Health Matthews Medical Center

1500 Matthews Township Pkwy
Matthews, NC 28105
704-384-6500

Parkinson's Association of the Carolinas

2101 Sardis Road N.
Ste. 102A
Charlotte, NC 28227
980-245-2786

Union County Health Department

2330 Concord Ave.
Monroe, NC 28110
704-296-4800

North Carolina Aging Statistics

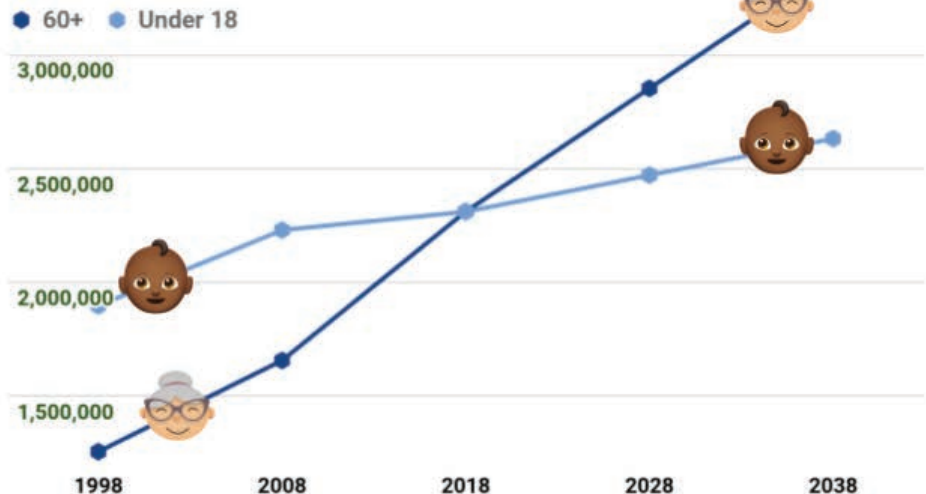


COUNCIL ON AGING
IN UNION COUNTY



	0-17	60+
1998	1.9M	1.3M
2008	2.2M	1.7M
2018	2.3M	2.3M
2028	2.5M	2.9M
2038	2.6M	3.4M

Population by Age Group in NC



Source: NC Office of State Budget and Management, Facts and Figures

RESOURCES GUIDE

Hearing / Services for Deaf & Hard of Hearing

CapTel NC - Visual Telephone with Captions

- Direct Line 919-238-4136
- Fax 919-719-2793
- Videophone 919-324-3791
- Espanol 866-670-9134

Charlotte Speech & Hearing

(non-profit)
2605 W. Roosevelt Blvd.
Monroe, NC 28110
704-523-8027

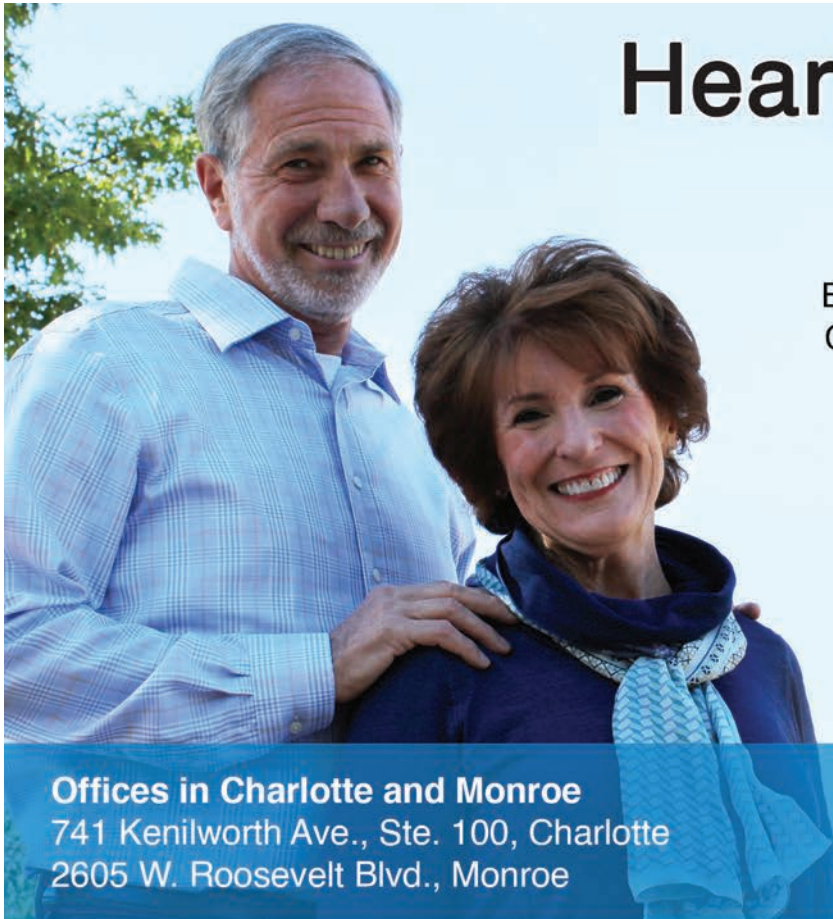
Cornerstone Ear, Nose, and Throat

8035 Providence Rd.
Ste. 320
Charlotte, NC 28277
704-752-7575

NC Services for the Deaf & Hard of Hearing

(Charlotte Region)
5502 Executive Ctr. Dr.
Ste. 200
Charlotte, NC 28212
- Direct Line 704-568-8558
- Fax 704-568-9615
- Videophone 704-918-1554

According to the Centers for Disease Control and Prevention (CDC), hearing loss can happen when “any part of the ear or auditory (hearing) system is not working in the usual way.” In order to access hearing tests, resources for individuals who are hard of hearing, and assistive devices (such as hearing aids), individuals who **have hearing difficulties** can contact agencies listed within this section to determine treatment options available to them.



Hearing Healthcare with a Heart

By choosing Charlotte Speech and Hearing Center as your hearing healthcare provider, you are **supporting our community programs** to enhance the lives of thousands of people annually.



Offices in Charlotte and Monroe
741 Kenilworth Ave., Ste. 100, Charlotte
2605 W. Roosevelt Blvd., Monroe

(704) 523-8027
CharlotteSpeechHearing.com

Providing access to superior speech and hearing services since 1967

Home Care & Home Health Agencies

Medicare defines home care as "a wide range of health care services that can be given in your home for an illness or injury. Home health care is usually less expensive, more convenient, and just as effective as care you get in a hospital or skilled nursing facility (SNF)."

In order to ensure the desired services are covered through your insurance carrier, please contact your insurance plan to discuss copays, coinsurances, and coverage for home health services.

Atrium Health at Home - Union
101 E. Franklin St.
Monroe, NC 28112
980-993-7250

Bayada Nurses
304 E. Phifer St.
Monroe, NC 28110
704-289-6000

Caring at Heart Homecare
8001 Raintree Ln., Ste. 213
Charlotte, NC 28277
704-379-7510

Caring Hands Homecare
124 Unionville Indian Trail Rd., Ste. B6
Indian Trail, NC 28079
704-234-8546

Comfort Keepers Home Health
8000 Corporate Center Dr.
Ste.111
Charlotte, NC 28226
704-980-7620

First Light Homecare
8514 McAlpine Park Dr.
Ste. 285
Charlotte, NC 28211
704-879-2394

Golden Heart Senior Care
233 S. Sharon Amity Rd.
Charlotte, NC 28211
704-246-5806

H&S Therapeutic Services
8501 Tower Point Dr.
Ste. B26
Charlotte, NC 28227
980-758-0017

Home Instead Senior Care
310 W. Franklin St.
Ste. 107
Monroe, NC 28112
704-296-5070

Hope Home Care
622 W. Roosevelt Blvd.
Unit A
Monroe, NC 28110
704-296-7766

Kindred at Home
1995 Wellness Blvd., Ste. 220
Monroe, NC 28110
704-283-0535

Neighborhood Nurses
1821 N. Rocky River Road
Monroe, NC 28110
704-292-1234

Omega In-Home Service
2606 W. Roosevelt Blvd.
Unit 4
Monroe, NC 28110
980-313-8517

PACE of the Southern Piedmont
6133 The Plaza
Charlotte, NC 28215
704-887-3840

Senior Helpers
9307 Monroe Rd., Ste. P
Charlotte, NC 28270
704-728-0053

Southern Care Partners
704-219-3698

Visiting Angels
1410-B Orchard Lake Dr.
Charlotte, NC 28270
704-841-1160

Home Safety Repairs

Companies and non-profit organizations listed within this section can complete varying degrees of home modifications in and around the homes of older adults to ensure independence and safety for our older neighbors.

When requesting home safety repairs from a company or a non-profit organization, be prepared for possible costs to you for materials and services.

Access4U
4816 Persimmon Ct.
Monroe, NC 28110
1-800-355-7025

Carolina Ramp Solutions
3224 Westwood Industrial Dr., Ste. E
Monroe, NC 28110
704-635-7766

Council on Aging in Union County
1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

Union-Anson Habitat for Humanity
3702 Old Charlotte Hwy.
Monroe, NC 28111
704-989-0683

NC BAM
(NC Baptist Aging Ministry)
201-A Idol St.
Thomasville, NC 27360
877-506-2226



Our agency distributes donated durable medical equipment at no cost. This past fiscal year, we distributed 713 pieces of equipment. In FY 20-21, we estimated that we saved our older neighbors \$33,824!



COUNCIL ON AGING
IN UNION COUNTY

CARING AT HEART

Home Health Care

Agency owner, Shanelle Healy, is always available to answer your questions. Give her a call.
704-379-7510

Our caregivers and personalized care plans can help you remain in the comfort of home when you need assistance, allowing you to age in place. Caring At Heart is one of the area's leading providers of non-medical home care, bringing together an experienced and carefully selected team of Registered Nurses, Nurse Aides and Attendants.

Enabling those who need assistance to remain safely at home:

- Bathing
- Dressing
- Transportation
- Meal Preparation
- Transportation
- Medication Reminders
- Light housekeeping
- Sitters and Companions
- BP Checks
- Respite or Relief Care
- Live-In/24hr care
- Screened and trained staff

All caregiver's are screened, trained and introduced to you before the start of care to determine if they are a good fit for your home and lifestyle.

Quality Care In Your Own Home Guaranteed!



8001 Raintree Ln. Ste 213 ♥ Charlotte, NC 28277 ♥ 704-379-7510 ♥ 704-379-7511(fax) ♥ caringatheart.com

CALL ONE OF OUR NURSES TODAY FOR A FREE ASSESSMENT AND DISCOVER OUR PASSION FOR HELPING OTHERS

Navigating a serious illness can be difficult.

Let us help.

HOSPICE & Palliative Care

CHARLOTTE REGION

PROVIDING COMPASSIONATE CARE SINCE 1978.

Providing accessible hospice care, palliative care, grief services, and inpatient care wherever you call home, across 28 counties in North and South Carolina.

Call us anytime:
704.375.0100

www.hpccr.org



Admissions 24/7 • 365 Days a Year • After Hours Care

COUNCIL ON AGING IN UNION COUNTY

The National Institute on Aging defines hospice care as focusing “on the care, comfort, and quality of life of a person with a serious illness who is approaching the end of life.” Individuals on hospice care are no longer receiving treatment intended to “cure” or delay the progression of their serious illness.

Palliative care is “specialized medical care for people living with a serious illness, such as cancer or heart failure.” Patients may receive medical care for their symptoms, along with treatment intended to cure their serious illness(es).

Hospice & Palliative Care

Community Home Care and Hospice

156 Corporate Blvd.
Indian Trail, NC 28079
704-226-0605

Hospice of Union County

700 W. Roosevelt Blvd.
Monroe, NC 28110
980-993-7300

Hospice and Palliative Care Charlotte Region

7845 Little Ave.
Charlotte, NC 28226
704-375-0100

Novant Health Hospice and Palliative Care

324 N. McDowell Street
Charlotte, NC 28204
704-384-6478

Pruitt Health Hospice (Southern Region)

261 S. Herlong Ave.
Rock Hill, SC 29732
803-366-7133



Council on Aging provides incontinence supplies at no cost to clients. In FY 20-21, we distributed 4,372 packages of incontinence supplies which has saved seniors approximately \$35,016!



COUNCIL ON AGING
IN UNION COUNTY

Independent Living Communities

According to www.assistedliving.org, independent living communities (also known as Active Adult Communities, 55+ or 62+ communities, senior living communities, or retirement communities) “offer healthy seniors the freedom to enjoy their later years among like-minded adults, minus the hassles of home maintenance.” Individuals in these living communities are able to care for themselves, and may simply want to live around others within their age group.

Matthews Glen
(Continuing Care Retirement Community)
733 Pavilion View Dr.
Matthews, NC 28105
704-815-9292

The Village of Woodridge
2414 Granville Place
Monroe, NC 28110
704-225-9118

Waltonwood Providence
11945 Providence Rd.
Charlotte, NC 28277
980-999-4692

Windsor Run Senior Living Community
2030 Windsor Run Ln.
Matthews, NC 28105
704-443-6300



Welcome to the Waltonwood family

Move to Waltonwood and enjoy chef-prepared meals with desserts created by an in-house Pastry Chef, engaging Life Enrichment programs, and housekeeping and maintenance services for a truly worry-free lifestyle.



Call and schedule a tour today.

704-246-8670

Independent Living, Assisted Living & Memory Care
11945 Providence Road, Charlotte, NC 28277

www.Waltonwood.com



RESOURCES GUIDE

Insurance

Medicare - Council on Aging in Union County SHIP Program

1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

Medicaid - Union County Dept. of Health & Human Services

2330 Concord Ave.
Monroe, NC 28110
704-296-4300

ACA Navigators

NC Navigator Consortium - A Service of Legal Aid of NC

1-855-733-3711

Union County Dept. of Health & Human Services

704-786-4145

Council on Aging is not affiliated with any insurance agent or agency. All information listed within this section is available to older adults without bias, and free of charge. Navigators for Medicare and Marketplace options are available.

Individuals who are not eligible for Medicare health insurance at this time, who also do not have access to employer health benefits, may consider joining a Healthcare Marketplace plan available through the Affordable Care Act.

*Union County
Medicare Counseling!*

NCDOL-Certified SHIP Counselors Available
year-round to answer Medicare questions!

Speak with your local SHIP Counselors today at
(704)-292-1797.

 **COUNCIL ON AGING**
IN UNION COUNTY

Annual Medicare Open Enrollment takes place Oct. 5- Dec. 7

Labs

AccuriX Laboratory Inc.

3030 Senna Dr.
Matthews, NC 28105
704-870-3391

ARCpoint Labs

2242 W. Roosevelt Blvd. E.
Monroe, NC 28110
704-557-0460

Resources are available in this section for individuals who are in need of independent lab work to be completed, such as blood testing, urinalysis, etc.

Any Lab Test Now

8318 Pineville-Matthews Rd.
Ste. 708
Charlotte, NC 28226
701-541-8115

Labcorp

1500 Matthews Twnshp
Pkwy., Ste. 1147
Matthews, NC 28105
704-849-0154

Always ensure that the lab you are visiting is "in-Network" with your insurance carrier by contacting your plan prior to scheduling your appointment for lab work.

COUNCIL ON AGING IN UNION COUNTY

Legal Services / Elder Law Attorneys

Cornell Law School defines Elder Law as "an area of law that addresses the legal needs of elderly people, including retirement benefits, probate and estate planning, health care and health management, and other issues."

Elder Law Attorneys may charge a fee for their services. For individuals over the age of 60 with lower income, who may not be able to afford legal fees, the Senior Legal Helpline, established through Legal Aid of North Carolina, is an option to reduce costs.

Burns, Gray & Gray, P.A.
103 N. Main St.
Monroe, NC 28112
704-289-5594

Clark, Griffin, & McCollum, L.L.P.
238 E. Franklin St.
Monroe, NC 28112
704-283-8148

Collins Elder Law Group
112 N. Main St.
Monroe, NC 28112
704-741-5956

Emblem Legal, PLLC
301 S. McDowell St.
Ste. 1000
Charlotte, NC 28204
704-248-7683

Fitzgerald Dwyer Law Firm, P.C.
101 S. Main St.
Monroe, NC 28112
704-296-9000

Garrity & Gossage, LLP
344 W. John St.
Matthews, NC 28105
704-841-0661

Legal Aid of NC
(Senior Legal Helpline)
1-877-579-7562

NC Lawyer Referral Services
1-800-662-7660

Providence Wills & Trusts
1940 Weddington Rd.
Weddington, NC 28104
704-288-4700



John Potter, CELA
Board Certified Elder Law Attorney
(704) 944-3245

WWW.PotterEstatePlanning.com

Offices in Ballantyne and Huntersville
Member of The American Academy of Estate Planning Attorneys



Let's Protect Your Family

**Estate Planning,
Medicaid Planning,
Asset Protection,
Estate Administration,
Guardianship**

**Lisanne Mangum and the team
at Emblem Legal are here to help.**

704.248.7683

EmblemLegal.com

Medical Alert Buttons

Medical Alert Buttons, also known as Personal Emergency Response Systems, can bring peace of mind to older adults and their families, knowing that in the event of an emergency 911 can be contacted quickly. Alert systems vary greatly in their complexity, cost, and functionality. When looking for an alert system, ensure you “shop around” for the system that will work best for your needs and your budget.

Logicmark

Can ship anywhere in the USA
800-519-2419

Philips Lifeline

855-849-3366



Stay Safe and Independent with



- NO MONTHLY FEES, *Ever!*
- Talk directly through your device
- Landline and Mobile Versions Available

For more Information contact Sabina Fidahic

Toll Free: 800-519-2419 ext 137

Direct: 571-281-7307

Email: SabinaF@LogicMark.com

**For free shipping,
use promo code FREESHIP*

Medical Equipment Suppliers

Medical Equipment Suppliers listed within this section provide an array of supplies for older adults--such as diabetic testing supplies, durable medical equipment, oxygen supplies, CPAP supplies, etc.

Carolina's Home Medical Equipment, Inc.
901-K Sam Newell Rd.
Matthews, NC 28105
704-846-7503

**Council on Aging in Union County
- Free Equipment & Incontinence Supplies Program**
1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

Marshville Pharmacy & Surgical Supply
6330 W. Marshville Blvd.
Marshville, NC 28103
704-624-2131

Mobility City of Charlotte
4416 E. Independence Blvd.
Charlotte, NC 28205
704-461-0111

Mobility & More
251 N. Trade St.
Matthews, NC 28105
704-821-7777

Monroe Home Medical
1150 Curtis St.
Monroe, NC 28112
704-289-9479

Superior Home Medical
108 S. Main St.
Monroe, NC 28112
704-225-0285

Mental Health Services

The United States National Library of Medicine defines mental health as including our "emotional, psychological, and social well-being. It affects how we think, feel, and act as we cope with life. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, including as we age."

While individuals of all ages can struggle with their mental health and wellbeing, it is not a "normal" part of aging. The resources listed in this section are available for individuals who feel they may benefit from professional assistance in taking care of their mind in addition to their body.

Behavioral Health - Atrium, Charlotte
501 Billingsley Rd.
Charlotte, NC 28211
704-444-2400

Behavioral Health - Novant, Matthews
1500 Matthews Township Pkwy
Matthews, NC 28105
1-800-718-3550

Center for Human Potential
200 E. Jefferson Street
Monroe, NC 28110
704-431-8635

Daymark Recovery Services, Inc.
1190 W. Roosevelt Blvd.
Monroe, NC 28110
704-296-6200

Geriatric/Adult Mental Health
Specialty Team (Piedmont)
704-953-1553

National Suicide Prevention Lifeline
1-800-273-8255

Oasis Behavioral Health
1111 Circle Drive
Monroe, NC 28112
704-764-1818

Reflective Counseling Services, PLLC
(Serving older adults and caregivers in NC, SC and VA)
910-830-0704

Thrive Counseling
704-438-9901



Nursing Homes & Rehabilitation Facilities

Autumn Care of Marshville
311 W. Phifer St.
Marshville, NC 28103
704-624-6643

Accordius Health at Monroe
204 E. Old Hwy. 74
Monroe, NC 28112
704-800-0601

Carrington Place Rehabilitation & Living Center
600 Fullwood Ln.
Matthews, NC 28105
704-841-4920

Jesse Helms Nursing Center (Atrium)
1411 Dove St.
Monroe, NC 28112
704-993-3280

Lake Park Nursing & Rehabilitation Center
33315 Faith Church Rd.
Indian Trail, NC 28079
704-882-3420

Monroe Rehabilitation Center
1212 E. Sunset Dr. East
Monroe, NC 28112
704-283-8548

Pruitt Health - Union Pointe
3510 W. Hwy. 74
Monroe, NC 28110
704-291-8500

Royal Park of Matthews Rehabilitation and Health Center
2700 Royal Commons Ln.
Matthews, NC 28105
704-849-6990

White Oak of Waxhaw
700 Howie Mine Rd.
Waxhaw, NC 28173
704-243-7640

According to the National Institute on Aging, “nursing homes, also called skilled nursing facilities, provide a wide range of health and personal care services. Their services focus on medical care more than most assisted living facilities. These services typically include nursing care, 24-hour supervision, three meals a day, and assistance with everyday activities. Rehabilitation services, such as physical, occupational, and speech therapy, are also available.

Some people stay at a nursing home for a short time (for a rehabilitation stay) after being in the hospital. After they recover, they go home. However, most nursing home residents live there permanently because they have ongoing physical or mental conditions that require constant care and supervision.

To look for and compare nursing homes in your area, see Medicare’s Nursing Home Compare website.



OFFERING
SHORT TERM & LONG
TERM CARE SERVICES
(704) 624-6643
311 West Phifer Road • Marshville, NC 28103

GET TO KNOW OUR FAMILY

At PruittHealth - Union Pointe, our highest priority is the health and safety of our patients. Everything we do is centered on improving our patients’ quality of life, while protecting their health and well-being through enhanced infection control protocols.

24-Hour Skilled Nursing • Inpatient Therapy • Outpatient Therapy
Physical Therapy • Occupational Therapy • Speech Therapy



3510 West Highway 74, Monroe, NC 28110
(704) 291-8500 • PruittHealth.com

The PruittHealth Organization complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Nutrition & Food Pantries

Agencies and organizations within this section help low-income individuals of varying ages to access the necessary food items they need to meet their nutritional needs.

Common Heart
116 Business Park Dr.
Ste. A
Indian Trail, NC 28079
704-218-9060

Community Shelter of Union County
160 Meadow St.
Monroe, NC 28110
704-289-5300

Heart For Monroe
218 N. Main St.
Monroe, NC 28112
980-722-7241

Loaves & Fishes of Union County, Inc.
116 S. Church St.
Monroe, NC 28112
704-960-1486

Operation Reachout
1308 Miller St.
Monroe, NC 28110
704-289-4237

Open Arms Outreach Center
(Second Harvest Food Bank)
49603 Lancaster Hwy.
Monroe, NC 28112
704-774-1482

Union County Crisis Assistance Ministry
1335 W. Roosevelt Blvd.
Monroe, NC 28110
704-225-0440

Union County Dept. of Health & Human Services
2330 Concord Ave.
Monroe, NC 28110
704-296-4300
-SNAP/EBT (Food Stamps)

Union County Senior Nutrition
2330 Concord Ave.
Monroe, NC 28110
704-283-3712
-Home Delivered Meals
-Congregate Meal Sites
-Ensure Program

The Diabetes and Nutrition Center, Atrium Union
600 Hospital Dr.
Monroe, NC 28112
980-993-2880

Pharmacies / Prescription Assistance

Several pharmacies listed in this section will deliver medications to individuals within the Union County area. Additionally, there are programs listed for low-income individuals who may have difficulty paying for their necessary medications.

As a reminder, before you change your pharmacy, always ensure that the pharmacy is considered to be "in-Network" with your insurance carrier.

Prescription Financial Assistance

Healthquest Pharmacy
415 E. Franklin St.
Monroe, NC 28112
704-226-2020

Med Assist
4428 Taggart Creek Rd.
Ste. 101
Charlotte, NC 28208
704-536-1790

Needy Meds
1-800-503-6897

Delivery Service

Austin Drugs
3513 W. Hwy 74, Ste. B
Monroe, NC 28110
980-269-8601

Franklin Street Pharmacy
610 E. Franklin St.
Monroe, NC 28112
704-289-1523

Indian Trail Pharmacy
106 Indian Trail Rd.
Indian Trail, NC 28079
704-821-7617

Marshville Pharmacy & Surgical Supply
6330 W. Marshville Blvd.
Ste. A
Marshville, NC 28103
704-624-2131

Monroe Family Pharmacy
108 E. Sunset Dr.
Monroe, NC 28112
704-776-9760

Moose Pharmacy of Monroe
215 E. Jefferson St.
Monroe, NC 28112
704-283-8131

Medicare Counseling/ Extra Help Program

Council on Aging SHIP Program
1401 Skyway Dr.
Monroe, NC 28110
704-292-1797



In 2020, the NC Department of Insurance calculated the clients that received our help have saved \$773,498 on their premiums and drug copays.



Primary Care Physicians

Anderson Family Medicine
1301 Dove St.
Monroe, NC 28112
704-283-8888

Atrium Health Indian Trail Family Practice
4503 Old Monroe Rd.
Indian Trail, NC 28079
980-993-7100

Atrium Health Union Family Practice - Monroe
1106 Reynolds St.
Monroe, NC 28112
704-289-5443

Atrium Health Waxhaw Group
2700 Providence Rd. S.
Ste. 300
Waxhaw, NC 28173
704-243-2254

Community Medical PA
520 W. Main St.
Marshville, NC 28103
704 624 3388

First Care Medical
404 S. Sutherland Ave.
Monroe, NC 28112
704-291-9267

Novant Health Monroe Family Medical
1420 E. Franklin St.
Monroe, NC 28112
704-289-8427

Novant Health Waxhaw Family & Sports Medicine
3614 Providence Rd. S.
Ste. 200
Waxhaw, NC 28173
704-384-8640

Novant Health Sun Valley Family Physicians
1480 Wesley Chapel Rd.
Indian Trail, NC 28079
704-316-3616

Novant Health Southern Piedmont Primary Care
1995 Wellness Blvd.
Building B, Ste. 110 & 210
Monroe, NC 28110
704-384-1140

Novant Wesley Chapel
6488 Weddington Rd.
Wesley Chapel, NC 28104

According to the American Academy of Family Physicians, a “primary care physician provides integrated, accessible health care services with their health care teams who are accountable for addressing a large majority of personal health care needs, developing a sustained partnership with patients, and practicing in the context of family and community.”

Primary care physicians act as your “regular” doctor, who can refer you to other specialists based on your health development.

Prior to selecting a primary care physician, ensure that the practice and physician are “in-Network” with your insurance carrier to keep costs low.

Rehabilitation (Outpatient)

Physical/Occupational

Atrium Health Carolinas Rehabilitation-Indian Trail
6048 W. Hwy. 74
Indian Trail, NC 28079
980-993-5540

Atrium Health Carolinas Rehabilitation- Monroe
600 Hospital Dr.
Monroe, NC 28112
980-993-3277

BenchMark Physical Therapy
6580 Old Monroe Rd.
Ste. B
Indian Trail, NC 28079
704-774-1159

Infinite Wellness of the Carolinas
2530 W. Roosevelt Blvd.
Unit A
Monroe, NC 28110
704-282-9300

Novant Health Rehabilitation Center - Matthews
1450 Matthews Township Pkwy., Ste. 150
Matthews, NC 28105
704-384-6638

OrthoCarolina
703 Comfort Ln.
Monroe, NC 28112
704-226-9550

Physical Therapy Center
1730 Dickerson Blvd.
Ste. D
Monroe, NC 28110
704-283-6700

Select Physical Therapy
1630-D Campus Park Dr.
Monroe, NC 28112
704-283-9422

Cardiac Rehabilitation

Atrium Health Union Cardiac Rehabilitation
1550 Faulk St., Ste. 3200
Monroe, NC 28112
980-993-7220

Atrium Health Pineville Cardiac & Pulmonary Rehabilitation
10660 Park Rd., Ste. 3300
Charlotte, NC 28210
704-667-6010

Novant Health Heart & Vascular Institute - Matthews
1401 Matthews Township Pkwy., Ste. 110
Matthews, NC 28105
704-264-3500

Outpatient rehabilitation centers offer physical, occupational, and speech therapy. Older adults are able to live at home and go to a rehab center to complete their rehabilitation. This section is offered as an optional rehabilitation mode, in comparison to inpatient rehabilitation wherein individuals live within the rehab facility.

COUNCIL ON AGING IN UNION COUNTY

Aging is not for the faint of heart! This section provides information on organizations providing support for aging individuals who are caring for their loved ones, have lost loved ones, or are dealing with a chronic illness. Support groups take place periodically, throughout the county, in-person and online.

All support groups mentioned in this section are free of charge to participants.

Support Groups

Council on Aging in Union County

1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

- Care and Share Caregiver Support Group
- Caregiver Book Club
- Grandparents Raising Grandchildren

ALS Caregiver Support Group

1-877-568-4347

Alzheimer's Caregiver Support Group Blair Road UMC

800-272-3900

Alzheimer's Caregiver Support Group Weddington UMC

800-272-3900

Charlotte Frontotemporal Support Group

800-272-3900

Lewy Body Caregiver Support Group

800-539-9767

Novant Health Bereavement Group

704-846-4654

Parkinson's Caregiver Support Group

980-245-2785

Younger Onset Dementia Support Group

800-272-3900

Taxes

Typically, all personal taxes are due by April 15th each year. In this section, there are various organizations and companies that will help you to prepare your taxes for submission. While some agencies may offer free tax preparation, there is not always a guarantee that they will have appointments available. When utilizing a company to prepare your **tax filing, be sure to inquire** about discounts for older adults. Typically, there is a fee associated with tax preparation.

Free Tax Preparation

AARP VITA (Volunteer Income Tax Assistance) (Feb- Apr)
800-906-9887

Common Heart (Feb - Apr)
116 Business Park Dr.
Indian Trail, NC 28079
704-218-9060

Union County Department of Health & Human Services (Feb - Apr)

2330 Concord Hwy.
Monroe, NC 28110
704-296-4312

Paid Services

Digital Tax Advisory

5910 Waxhaw Hwy., Ste. C
Mineral Springs, NC 28173
704-659-3109

H&R Block

- **Monroe**
1774-A W. Roosevelt Blvd.
Monroe, NC 28110
704-289-2487

- **Indian Trail**
4405 Old Monroe Rd.
Indian Trail, NC 28079
704-821-6195

- **Waxhaw**
1201 N. Broome St., Ste. H
Waxhaw, NC 28173
704-243-2615

Jackson-Hewitt

- **Monroe**
1321 W. Roosevelt Blvd.
Monroe, NC 28110
704-226-0333

- **Monroe** (Inside WalMart)
2406 W. Roosevelt Blvd.
Monroe, NC 28110
704-398-8640

- **Indian Trail**
(Inside WalMart)
2101 Younts Rd.
Indian Trail, NC 28079
704-398-8640

- **Waxhaw**
3919 Providence Rd. S.
Ste. B
Waxhaw, NC 28173
704-398-8640

Liberty Tax Service

- **Monroe**
2401 W. Roosevelt Blvd.
Ste. B
Monroe, NC 28110
704-774-8450

- **Indian Trail**
608 Indian Trail Rd.
Indian Trail, NC 28079
704-727-4473

Rapid Tax

1008 W. Roosevelt Blvd.
Ste. H
Monroe, NC 28110
704-283-8829

Ray's Tax

1301 Skyway Dr., Ste. A
Monroe, NC 28110
704-288-3270

Tax & Services Penaherrera

(Se Habla Espanol)
1562 W. Roosevelt Blvd.
Monroe, NC 28110
704-635-7566

Union Accounting Services

101 N. Main St., Ste. A
Monroe, NC 28112
704-283-1345

Union County Tax Administration

(Property Tax, Homestead Tax Exemption, etc)
500 N. Main St., Ste. 236
Monroe, NC 28112
704-283-3746

Transportation

Charlotte Taxi Service
704-464-9191

Drive Of Faith Transportation - Wheelchair Transport
3613 Wesley Chapel Stouts Rd.
Monroe, NC 28110
704-839-9455

GoGoGrandparent
1-855-464-6872

Taxi La Mexicana
1942 Bass Creek Ct.
Monroe, NC 28110
704-320-6362

Union County Transportation
610 Patton Ave.
Monroe, NC 28110
704-292-2511

Yellow Cab
1407-B Icemorlee St.
Monroe, NC 28110
704-289-6688

For individuals who may no longer be able to safely drive themselves from place to place, this section provides options for transportation. There may be costs associated with each mode of transportation. Please, inquire as to the costs prior to booking a trip with anyone.

Urgent Care

AFC Urgent Care of Indian Trail
14001 E. Independence Blvd., Ste. C
Indian Trail, NC 28079
704-247-6598

Atrium Health Urgent Care
613 E. Roosevelt Blvd.
Monroe, NC 28112
704-283-8193

Family Urgent Care
3007-B Wesley Chapel Stouts Rd.
Monroe, NC 28110
704-412-3612

FastMed Urgent Care
2242-A W. Roosevelt Blvd.
Monroe, NC 28110
704-220-1904

First Care Medical
404 S. Sutherland Ave.
Monroe, NC 28112
704-291-9267

According to the American Academy of Urgent Care Medicine, **urgent care medicine is defined as “the provision of immediate medical service offering outpatient care for the treatment of acute and chronic illness and injury.”** An urgent care center is a convenient option when someone’s regular physician is on vacation, unable to offer a timely appointment, or when illness strikes outside of regular office hours. Urgent care centers offer an alternative to hospital Emergency Department wait times.

Vision / Eye Doctors

eyecarecenter
Optometrist, Perry Patel
1107-A Skyway Dr.
Monroe, NC 28110
704-289-1547

Metrolina Eye Associates
630 Comfort Ln., Ste. E
Monroe, NC 28112
704-289-5455

NC Services for the Blind
1212 W. Roosevelt Blvd.
Monroe, NC 28110
704-296-6192

Piedmont Eyecare Associates
5955 Weddington Rd.
Ste. 102
Wesley Chapel, NC 28104
980-333-6011

Phifer Eye
Optometrist, John T. Phifer
510 Sutherland Ave.
Monroe, NC 28112
704-289-6300

Premier Family Eye Care
6044 W. Hwy 74
Indian Trail, NC 28079
704-821-3937

Union Family Eyecare Center
1013 Chestnut Ln., Ste. 210
Matthews, NC 28104
704-821-5009

Union Optical
Optician, Arthur McDonald
1900-D W. Roosevelt Blvd.
Monroe, NC 28110
704-283-4087

Vision Works
2335 W. Roosevelt Blvd.
Ste. C
Monroe, NC 28110
704-225-8429

Waxhaw Family Vision Care OD, PLLC
3909-H Providence Rd. S.
Waxhaw, NC 28173
704-843-3053

This section provides a sample of the eye care practices located within Union County. It is not exhaustive.

Prior to scheduling your eye appointment, it is recommended to speak with your insurance carrier to ensure your coverage level, copay, networks, etc.

COUNCIL ON AGING IN UNION COUNTY

Volunteer Opportunities

It is always a gift to give back to the agencies who have given so much to our community! If you are looking for volunteer opportunities, this is a great place to start. These agencies provide information, programming, and assistance to individuals of all ages and income-levels within Union County.

American Red Cross
125 Pedro St.
Monroe, NC 28110
704-283-7402

Common Heart
116 Business Park Dr.
Indian Trail, NC 28079
704-218-9060

Community Shelter of Union County
160 Meadow St.
Monroe, NC 28110
704-289-5300

Council on Aging in Union County
1401 Skyway Dr.
Monroe, NC 28110
704-292-1797

Good Steward Ministries
110 E. Main St.
Marshville, NC 28103
704-624-2029

Ground 40
303 Dale St.
Monroe, NC 28112
704-883-5185

HealthQuest of Union County
415 E. Franklin St.
Monroe, NC 28112
704-226-2050

Heart For Monroe
218 N. Main St.
Monroe, NC 28112
980-722-7241

Hospice & Palliative Care - Charlotte Region
7845 Little Ave.
Charlotte, NC 28226
704-375-0100

Hospice of Union County
700 W. Roosevelt Blvd.
Monroe, NC 28110
980-993-7300

House of Pearls
PO Box 516
Monroe, NC 28111
704-324-0028

Humane Society of Union County
Low Cost Spay/Neuter Clinic
4015 Waxhaw Hwy.
Monroe, NC 28112
704-283-9126

Loaves & Fishes of Union County
(St. Paul's Episcopal Church)
116 S. Church St.
Monroe, NC 28112
704-960-1486

Open Arms Community Outreach
4603 Lancaster Hwy.
Monroe, NC 28112
704-774-1482

Operation Reachout
1308 Miller St.
Monroe, NC 28110
704-289-4237

Turning Point/Second Chance Boutique
Monroe & Waxhaw
Locations
704-283-7233

Union / Anson County Habitat For Humanity
3702 Old Charlotte Hwy.
Monroe, NC 28110
704-296-9414

Union County Community Arts Council
120 N. Main St.
Monroe, NC 28112
704-283-2784

Union County Crisis Assistance Ministry
1335 W. Roosevelt Blvd.
Monroe, NC 28110
704-225-0440

Union County Government:
Senior Nutrition,
Christmas Bureau,
Tax Preparation
704-296-4312

United Way
103 W. Franklin St.
Monroe, NC 28112
704-226-5100



Atrium Health

Hospice of Union County

Hospice of Union County provides compassionate and high-quality hospice and palliative care for patients and their family members.

**INTERESTED IN VOLUNTEERING AT
HOSPICE OF UNION COUNTY?**

Our carefully trained volunteers bring an open heart and an extra pair of hands to help our local community. We have volunteer opportunities in patient care, community service and administration.

To learn more, call 980-993-7300 or
e-mail VolunteerHospice@AtriumHealth.org

COUNCIL ON AGING IN UNION COUNTY



1401 Skyway Drive
Monroe, NC 28110
704-292-1797

COUNCIL ON AGING
IN UNION COUNTY

WHO WE ARE

A nonprofit agency established in 1972 whose mission is to advocate for the wellbeing of older adults by providing services and resources for them to live independently.



WHO WE SERVE

Union County residents age 60+ and their caring and concerned families.

DID YOU KNOW...NC IS AGING!

- We now have more residents in NC over age 60 than under 18!
- Union County has 44,050 citizens over 60 and will double in 20 years.
- 1 in 4 older adults over 65 live alone.
- 1 in 5 older adults live below 200% of the federal poverty level.

COA BY THE NUMBERS 2021

\$773,498

Saved by SHIIP
Medicare
Counseling

16,731

Hours of
in-home care

713

Medical
equipment given

191

Family
caregivers
helped

4,372

Incontinence
supplies given

SERVICES

IN-HOME SERVICES

Assistance with personal care, household chores, errands, and respite at no cost.

FAMILY CAREGIVER SUPPORT

Counseling, Support, & Respite for those caring for loved-ones with memory loss.

NEXT DOOR DAY PROGRAM

Stimulating activities for those with memory loss & a break for caregivers.

OPTIONS COUNSELING

Person-centered approach to help seniors explore options & make decisions.

SHIIP MEDICARE COUNSELING

Unbiased Medicare assistance to help seniors understand coverage and save \$.

HOME REPAIRS & YARD WORK

Minor safety repairs: ramps & grab bars by volunteers to keep seniors safe.

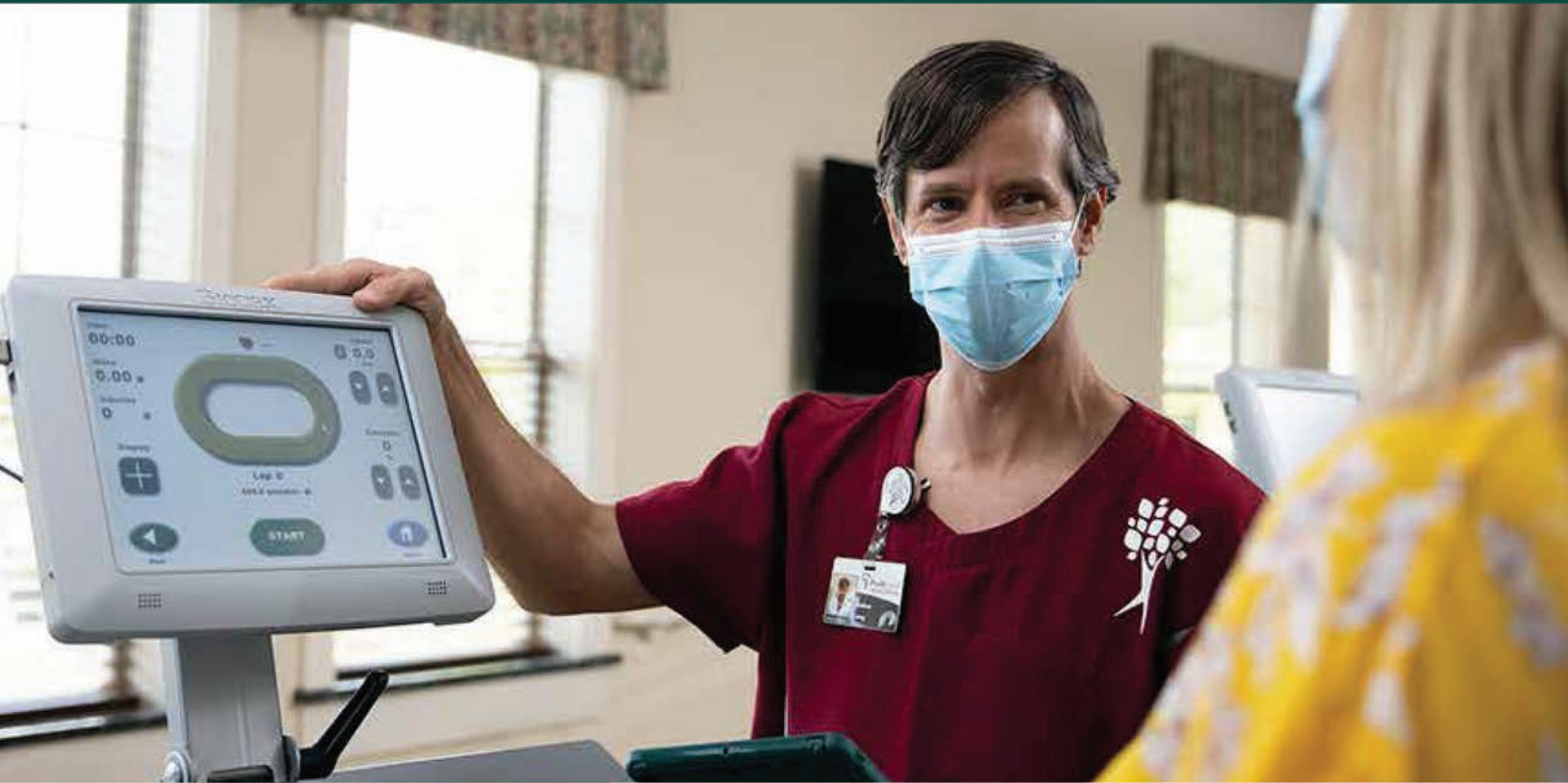
MEDICAL SAFETY EQUIPMENT

Wheelchairs, walkers, shower chairs, etc given to seniors at no cost.

INCONTINENCE SUPPLIES

Disposable briefs, bed pads, etc given to seniors at no cost.

GET TO KNOW OUR FAMILY



Our premium services include:

- Inpatient Therapy
- Outpatient Therapy
- Post-Operative Recovery Services
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Hydrotherapy
- 24-Hour Skilled Nursing & Wellness Services
- Pain Management
- Wound Care Therapy & Treatment
- IV & Oxygen Therapies
- Respite Services

At PruittHealth – Union Pointe, our highest priority is the health and safety of our patients. Everything we do is centered on improving our patients' quality of life, while protecting their health and well-being through enhanced infection control protocols.

Our professional team is dedicated to providing appropriate, quality care after illness and injury. We strive to return our patients to the highest possible level of functioning. Through state-of-the-art rehabilitation therapies, we provide positive patient outcomes. You will find that our customer service and dedication to our guests and their families is unsurpassed.



3510 West Highway 74, Monroe, NC 28110
(704) 291-8500 • PruittHealth.com